

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1</p> <p>9:00 Walking Club with Christianne(BL) 9:00Head to Toe Swedish Exercise(AS) 9:00Synergy Vitals Checks(BL) 10:30 Parkview Book Club (L) 11:00 July Monthly Gazette with Christianne (BL) 1:00 Crazy Rummy (L) 1:00 Creative Expression through Color (BL) 1:30Water Aerobics with Christianne(P) 2:00 Hershey Kisses Debut Day: Hershey Kisses Sample (BL) 3:00 Postal Trivia Day: Trivia with Christianne (BL) 3:30 Comedy Hour (BL) 7:00 Evening Movie: The Unsinkable Molly Brown (TH)</p>	<p>2</p> <p>10:00 Grocery Shopping and Nail Salon Outing 10:30Chair Zumba(AS) 11:00 Morning Affirmations(BL) 1:00 Wendys Day: Wendys Outing 1:00 Pokeno(Next to 5212) 1:30 Water Aerobics with Christianne(P) 2:00 Activities Meeting (BL) 2:30 Poetry Hour with Christianne (BL) 3:00 Art Class with JudyMason (AB) 3:30 Pluto Moons Named: Pluto Trivia (BL) 4:00 Wine Down Wednesday (BL)</p>	<p>3</p> <p>9:00 WalkingClub with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 Bible Study (MP) 1:30 Bingo (MP) 1:30 Quebec Day: Founder of Quebec Triva (BL) 2:30 Hymn Singing (next to 4111) 2:30 Foam Rubber Day: How Latex is Made (BL) 3:00 Why is Quebec known for its Maple Syrup (BL) 3:30 Virtual Tour of Quebec (BL) 6:30Pokeno (C) 6:30Poker (L)</p>	<p>4</p> <p>Happy 4th of July 9:00 Head to Toe Swedish Exercise(AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:30 ROMEOS: De Laney's 12:00 Digital Literacy Class with Omya(TH) 1:00 Crazy Rummy (L) 1:00 Chair Zumba(AS) 1:00/2:00/3:00 Live your Best Life(G) 2:15 Independence Day Happy Hour with Paul Anderson (DR) 4:00 Signature Cocktail Hour (BL) 6:30Chicken Foot (C) 7:00Mexican Train (MP)</p>	<p>5</p> <p>10:00 Charity Stitch & Chat (across from 5212) 10:00 Talk about the Lungs(BL) 10:00 Frisco Farmers Market 10:30 Diamond Dots(BL) 10:30 Suad Sells(BL) 1:30 Bingo (MP) 1:30 Water Aerobics with Christianne(P) 2:00 Music with Linda Carraway (TH) 3:00 Digital Literacy Class with Omya(BL) 7:00 Movie: The Accountant (TH) 6:30 Chicken Foot(G)</p>
<p>6</p> <p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00SundayBrunch (DR) 11:00BoldGraceFellowship (TH) 2:00BilliardsClub (near 5110) 2:30Parkview Church Service (TH) 7:00SundayMovie: Pretty Women (TH)</p>	<p>7</p> <p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 Kidney Disease Talk (BL) 11:00 Brain Teasers(G) 12:30 Delicious Deals: Raising Canes Chicken 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer 3:00 New Resident Orientation (TH) 6:30Pokeno (G)</p>	<p>8</p> <p>9:00 Walking Club with Christianne (BL) 9:00Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club(L) 11:00 Fresh Baked Cookies with Christianne (BL) 1:00Crazy Rummy (L) 1:00 Creative Expression through Color (BL) 1:00 Painting with Bob Razz: Summer (AB) 1:30 Water Aerobics with Christianne(P) 2:15 Kevin Bacon Happy Hour with Andy Goin (DR) 3:15 Comedy Hour (BL) 7:00 Evening Movie: Wyatt Earp (TH)</p>	<p>9</p> <p>10:30 Chair Zumba (AS) 11:00 Poetry Hour with Christianne (BL) 12:00 Sugar Cookie Day: Sugar Cookies Bake (BL) 12:00 DFW Car and Toy Museum Outing 1:00Pokeno (Next to 5212) 1:30 Sun Health Talk with HealthPro Heritage (BL) 1:30 Water Aerobics with Christianne(P) 1:30 Taste of Holy Lands (1208) 2:00 Music and Memories with Les (TH) 2:30 Fast Facts of Argentina (BL) 3:00 Three Sheets with Russell (DR) 4:00WineDown Wednesday (BL)</p>	<p>10</p> <p>9:00 Walking Club with Christianne (BL) 9:00Head to Toe Swedish Exercise (AS) 10:30 Bible Study (MP) 10:30 Clerihew Day: Poetry with Christianne (BL) 11:30 Tech Class: Social Media with Raz(BL) 1:30 Bingo(MP) 1:30 Lady Godiva Day: Godiva Tasting (BL) 2:30 National Kitten Day: Various Breeds (BL) 3:00 Hot Dog Night: Trivia (BL) 6:30Pokeno(G) 6:30Poker (L)</p>	<p>11</p> <p>9:00Head toToeSwedishExercise(AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:30 Mystery Lunch Outing 12:00Digital Literacy Class with Omya (TH) 1:00CrazyRummy (L) 1:00Chair Zumba(AS) 1:00/2:00/3:00 Live your Best Life(G) 2:00Bridgerton Watch Party (TH) 3:00Learn French with Christianne(BL) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>12</p> <p>10:00 Charity Stitch & Chat (across from 5212) 10:00 Talk about the Heart(BL) 10:00 Normas Cafe Outing 10:30 Diamond Dots(BL) 11:30 Violin Playing with Jay (DR) 1:30 Bingo (MP) 1:30 Valerie's Card Making Creations(AB) 2:00/7:00 Movie: Premonition (TH) 3:00 Digital Literacy Class with Omya(BL) 6:30 Chicken Foot(G)</p>
<p>13</p> <p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00SundayBrunch (DR) 11:00BoldGraceFellowship (TH) 2:00BilliardsClub (near 5110) 2:30Parkview Church Service (TH) 7:00SundayMovie: Wedding Crashers (TH)</p>	<p>14</p> <p>9:00Head to Toe Swedish Exercise(AS) 10:00 Grocery Shopping 10:00 Kidney Disease Talk (BL) 11:00 Brain Teasers(G) 12:30 DeliciousDeals: McAlistersOuting 1:00Chair Zumba (AS) 1:00 Meet and Greet with Curana Health (BL) 1:30 Bingo(MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30Pokeno (G)</p>	<p>15</p> <p>9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:00 Blueberry Month: Harvesting Berries (BL) 10:30 Parkview Book Club (L) 11:30 Gummi Worm Day: Tasting (BL) 1:00 Crazy Rummy (L) 1:00 Creative Expression through Color (BL) 1:30 Water Aerobics with Christianne(P) 2:15 MLB All Star Baseball Theme Happy Hour with Richard Berry (DR) 3:15 Comedy Hour (BL) 7:00 Evening Movie: Madame X (TH)</p>	<p>16</p> <p>10:00 Grocery Shopping and Nail Salon Outing 10:30 Chair Zumba (AS) 10:30 Bagel Day: Bagels and Coffee with Curana (BL) 1:00 Pokeno (Next to 5212) 1:00 River Dance Day: Lord of the Dance Finale Showing (BL) 1:30Water Aerobics with Christianne(P) 1:30 Cigar Shop and Bar Outing with Russell 2:00 Orville Redenbacher Day: Popcorn Sampling (BL) 3:00 World Snack Day: Trivia (BL) 4:00WineDown Wednesday (BL)</p>	<p>17</p> <p>9:00 Walking Club with Christianne (BL) 9:00Head to Toe Swedish Exercise (AS) 10:30WBibleStudy (MP) 11:00 Virtual tour of Taiwan (BL) 1:00 Encompass Health Talk: Vestibular System and Balance (BL) 1:30 Bingo (MP) 1:30 Origami Cranes with Raz (AB) 2:30Hymn Singing (next to 4111) 3:00 Taiwan Universal Yum Box Tasting (BL) 5:00 Mystery Dinner Outing 6:30Pokeno(G) 6:30Poker (L)</p>	<p>18</p> <p>8:00 Winstar Casino Outing 9:00 Head to Toe Swedish Exercise(AS) 10:00 CatholicRosary (MP) 10:30 CatholicCommunion (MP) 11:00 Travel with Christianne: Iran (TH) 12:00 Digital Literacy Class with Omya(BL) 1:00 Crazy Rummy (L) 1:00/2:00/3:00 Live your Best Life(G) 2:00 Bridgerton Watch Party (TH) 3:30 Total Hearing Care Visit (L) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>19</p> <p>10:00 Charity Stitch & Chat (across from 5212) 10:00 Talk about the Kidneys(BL) 10:30 Julie's Abstract Art (AB) 10:30 Diamond Dots(BL) 11:30 In N Out Burger Outing 1:30 Bingo(MP) 1:30 Water Aerobics with Christianne(P) 2:00/7:00 Movie: The Wild Bunch (TH) 3:00 Digital Literacy Class with Omya (BL) 6:30ChickenFoot (G)</p>
<p>20</p> <p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00SundayBrunch (DR) 11:00BoldGraceFellowship (TH) 2:00BilliardsClub (near 5110) 2:30Parkview Church Service (TH) 7:00SundayMovie: Sneakers (TH)</p>	<p>21</p> <p>9:00Head to Toe Swedish Exercise(AS) 10:00 Grocery Shopping 10:00 Kidney Disease Talk (BL) 11:00 Brain Teasers(G) 12:30 Delicious Deals: Sonic Outing 1:00 Chair Zumba (AS) 1:00Meet and Greet with Curana Health (BL) 1:30 Bingo(MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30Pokeno (G)</p>	<p>22</p> <p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise(AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club (L) 11:30 Ritu Kapoor Jewelry Booth (BL) 1:00Crazy Rummy (L) 1:00 Creative Expression through Color (BL) 1:30Water Aerobics with Bill (P) 2:15 Mango Day Happy Hour with Divine (DR) 3:15 Comedy Hour (BL) 7:00 Evening Movie: Six Days and Seven Nights (TH)</p>	<p>23</p> <p>10:30 Chair Zumba (BL) 11:00 Morning Affirmations (BL) 11:30 Ice Cream Trivia: What ice cream are you? (BL) 1:00 Pokeno (Next to 5212) 1:00 Bruster's Ice Cream Outing 1:30Water Aerobics with Christianne (P) 1:30 Crafts with Raz: Ice Cream Cones (AB) 2:00Pinochle(G) 2:00 Music and Memories with Les (TH) 3:00 Ice Cream Cone Anniversary: Ice Cream Bar (BL) 4:00WineDown Wednesday (BL)</p>	<p>24</p> <p>9:00 Walking Club with Raz(BL) 9:00 Head to Toe Swedish Exercise(AS) 10:30 Bible Study (MP) 1:30Bingo (MP) 1:30 Comic Con International: Comic Con Party (BL) 3:00 Mad Hatters Book Club: The Blue Bistro by Elin Hildabrand (TH) 2:30 Women Aviators Day: What happened to Amelia Earhart? (BL) 3:00 Trivia: Airplane Identifier (BL) 3:30 Detroit Day: Mowtown Karaoke (BL) 6:30Pokeno (G) 6:30Poker (L)</p>	<p>25</p> <p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30Catholic Communion (MP) 12:00Digital Literacy Class with Omya(BL) 12:00 JULIETS: Barneys Brunch House Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba 1:00/2:00/3:00 Live your Best Life(G) 2:00 Bridgerton Watch Party (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>26</p> <p>10:00 Charity Stitch & Chat (across from 5212) 10:00 Talk about the Pancreas(BL) 11:00 Red Lobster Outing 10:30 Diamond Dots(BL) 10:30 Julie's Abstract Art (AB) 11:30 Pie Five Pizza Outing 11:45 Rolling Through the 40'sand 50'swith Dean Peters (DR) 1:30Bingo (MP) 1:30-3:30 Sizzle and Swim Pool PartywithDJToni 2:00/7:00 Movie: The Proposal (TH) 3:00DigitalLiteracy Class with Omya(BL) 6:30 Chicken Foot(G)</p>
<p>27</p> <p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00SundayBrunch (DR) 11:00BoldGraceFellowship (TH) 2:00BilliardsClub (near 5110) 2:30Parkview Church Service (TH) 7:00SundayMovie: The Last of the Mohicans (TH)</p>	<p>28</p> <p>9:00Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 Kidney Disease Talk (BL) 11:00 Brain Teasers(G) 12:30 Delicious Deals: Braums Outing 1:00 Harris Jewelry Repair (BL) 1:00Chair Zumba (AS) 1:30 Bingo(MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30Pokeno (G)</p>	<p>29</p> <p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30Parkview Book Club (L) 1:00 Crazy Rummy (L) 1:00CreativeExpression through Color (BL) 1:30Water Aerobics with Bill (P) 2:15 NASA Day Happy Hour with Tom Ingram (DR) 3:15 Comedy Hour (BL) 7:00 Evening Movie: The Hundred Foot Journey (TH)</p>	<p>30</p> <p>10:00New Resident Social (BL) 10:00 Grocery Shopping and Nail Salon Outing 10:30 Chair Zumba (BL) 11:00Morning Affirmations (BL) 1:00 Pokeno (Next to 5212) 1:30Water Aerobics with Christianne (P) 1:30 Chicken and waffles day: history of chicken and waffles (BL) 2:00Pinochle(G) 2:30 National Cheesecake Day: Cheesecake Sample (BL) 3:00 Father-in-law day: Share your best father-in-law story (BL) 4:00WineDown Wednesday (BL)</p>	<p>31</p> <p>9:00WalkingClub with Christianne (BL) 9:00Head to Toe Swedish Exercise(AS) 10:30 Bible Study (MP) 10:30 World Ranger Day: Life of A ranger (BL) 1:00 Mount Fuji Day: Virtual tour of Mount Fuji (BL) 2:00 Avocado Day: Avocado Green Appliance; Why were they popular? (BL) 2:00 MGM Day: Special Movie Showing- A Thousand Clowns (1965) (TH) 3:00 MGM Day: Find the Famous Celebrity (BL) 4:00 Tippi Hedren: The Tiger Queen of Hollywood (BL) 6:30Pokeno (G) 6:30Poker (L)</p>	<div> <div> <div>JULY 2025</div> <div>INDEPENDENT LIVING</div> </div> </div>	