

Meet Our Executive Chef ALICIA LA ROSA

It's a wonderful senior life at Caruth Haven Court, where culinary is delicious! Our sensational dining experience is one of the many features of our community that makes our residents feel at home. Join us for a community tour and complimentary meal prepared by our talented culinary experts, and get a taste of the good life.

We invite you to meet our Executive Chef, Alicia La Rosa. When Alicia was a little girl she began learning to cook at home as she baked desserts for her family. When she was 17 years old, she came to the United States to earn her bachelor's degree in Hotel and Restaurant Management. After completing her degree, she began her culinary apprenticeship at River Oaks Country Club. She later worked as a pastry chef at Post of Grill, La Grillia, and eventually owned and operated her own restaurant. Alicia has now married her passion for food with her passion for caring for seniors in her career as a Director of Culinary Services at Caruth Haven Court.





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