

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Resident Birthdays
				9:00 Catholic Communion with Mary-Lou (T) 9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 August Celebration Tree Craft (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 2:00 Jackpot Bingo! (AR) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Brainstorming With Bev! (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 1:30 Trip To Dollar Tree 3:30 Boredom Busters Drop Off 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Ticket Bingo (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 1:30 Nail Salon (B) 3:30 Open Gym (FR) 3:30 Welcome Wagon Visits	Glenna S. - 9th Martha S. - 12th George S. - 14th Linda M. - 21st Dean W. - 26th
9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Resident's Choice (AR) 1:15 Catholic Mass on Ch 35 (T/35) 1:15 Olympics Coverage on NBC/Ch 6 1:30 Welcome Wagon Visits 3:00 Church Service (T) 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Ice Cream Jingo (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 2:00 Wacky Bingo! (AR) 3:30 Open Gym (FR) 3:30 Talk & Tell Visits	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:30 Fox Fitness Fun With Exercise Physiologist Lisa! (FR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 2:00 Trivia & Ice Cream Novelties! (B) 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Community Service Project: Making Summer Lunches For Kids Camp! (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 2:00 Guitar Music With Joe Crispell (B) 3:30 Mail Delivery 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Rock Painting (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 2:00 Jackpot Bingo! (AR) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Universal Yums: Try Popular Snacks From India! (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 1:30 Ice Cream Trip To Collinsville Drive In 3:30 Boredom Busters Drop Off 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Ticket Bingo (AR) 1:15 Olympics Coverage on NBC/Ch 6 (T) 1:30 Nail Salon (B) 3:30 Open Gym (FR) 3:30 Welcome Wagon Visits	
9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Summer Memory Match (AR) 1:15 Catholic Mass on Ch 35 (T/35) 1:15 Olympics Coverage on NBC/Ch 6 1:30 Welcome Wagon Visits 3:00 Church Service (T) 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Pennsylvania Jingo (AR) 1:15 Netflix Movie: The Blind Side (T/35) 1:30 Trip To Giant 3:30 Open Gym (FR) 3:30 Talk & Tell Visits	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Seaton Store (B) 1:00 Seaton Sing A Long! (T) 2:00 Happy Hour! (B) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Voter Registration & Mail-In Ballot Requests For Presidential Election (AR) 2:00 Resident Council Meeting (AR) 3:30 Mail Delivery 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Make A Suncatcher Craft (AR) 1:15 Netflix Movie: Wonder (T/35) 2:00 Jackpot Bingo! (AR) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Bread Of The Month Club (AR) 1:15 Netflix Movie: Captain Phillips (T/35) 1:30 Trip To Kaltreider-Benfer Library 3:30 Boredom Busters Drop Off 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Ticket Bingo (AR) 1:30 Nail Salon (B) 3:30 Open Gym (FR) 3:30 Welcome Wagon Visits	

Activity Room = AR

Theater = T

Bistro = B

Dining Room = DR

Fitness Room = FR

● Creative

● Emotional

● Environmental

● Intellectual

● Occupational

● Physical

● Social

● Spiritual

All activities subject to change

August 2024

Seaton Springwood Personal Care Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Resident's Choice (AR) 1:15 Catholic Mass on Ch 35 (T/35) 1:30 Welcome Wagon Visits 3:00 Church Service (T) 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Summer Jingo (AR) 1:30 Trip To Sarah's Creamery 3:30 Open Gym (FR) 3:30 Talk & Tell Visits	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:30 Fox Fitness Fun With Exercise Physiologist Lisa! (FR) 2:00 Catholic Mass With Father John (T) 2:15 Happy Hour! (B) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	Happy Birthday Linda M.! 9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Family Style Meal Prep (AR) 2:00 Country Music With Tall In The Saddle (B) 3:30 Mail Delivery 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Paint A Watercolor Sunflower (AR) 1:15 Netflix Movie: Matilda (T/35) 2:00 Jackpot Bingo! (AR) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Under The Cups Memory Game (AR) 1:30 Country Ride Trip 3:30 Boredom Busters Drop Off 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Ticket Bingo (AR) 1:30 Nail Salon (B) 3:30 Open Gym (FR) 3:30 Welcome Wagon Visits
9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Resident's Choice (AR) 1:15 Catholic Mass on Ch 35 (T/35) 1:30 Welcome Wagon Visits 3:00 Church Service (T) 3:30 Open Gym (FR)	Happy Birthday Dean W.! 9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Healthy You Jingo (AR) 1:15 Trip To Community Aid 3:30 Open Gym (FR) 3:30 Talk & Tell Visits	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Seaton Store (B) 1:00 Seaton Hymn Sing! (T) 2:00 Happy Hour with Jazz Music By Joey D. (B) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Make The Birthday Cupcakes (AR) 2:00 August Birthday Celebration (B) 3:30 Mail Delivery 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 September Door Hanger Craft (AR) 2:00 Jackpot Bingo! (AR) 3:30 Talk & Tell Visits 3:30 Walking Club (meet in Bistro)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Wacky Choices (AR) 11:15 Lunch Trip To Cracker Barrel 3:30 Boredom Busters Drop Off 3:30 Open Gym (FR)	9:30 Morning Stretch (AR) 9:45 The Daily Chronicle & Devotion (AR) 10:15 Ticket Bingo (AR) 1:30 Nail Salon (B) 3:30 Open Gym (FR) 3:30 Welcome Wagon Visits

Resident Birthdays

Glenna S. - 9th
Martha S. - 12th
George S. - 14th
Linda M. - 21st
Dean W. - 26th

Activity Locations

Activity Room = AR
Theater = T
Bistro = B
Dining Room = DR
Fitness Room = FR

Dimensions Color Key

- Creative
- Emotional
- Environmental
- Intellectual
- Occupational
- Physical
- Social
- Spiritual

All activities subject to change