

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 AR 10:30 Fab N Fit Friday W Tina AR 11:00 This Day in History & Hydration AR 2:29 Painting Thanksgiving Pictures AR 3:30 I Was So Hungry on Thanksgiving I Ate ? 6:00 Friday Night @ The Movies	2 AR 10:30 Sit & Be Fit Exercise AR 11:00 The Day In History & Hydration AR 1:30 Bingo Time AR 3:30 Saturday Social Hour W/Entertainment by Ruby AR 6:00 Movie Night out W/Friends
3 Daylight Saving Ends	4	5 Election Day	6	7	8	9
AR 10:00 Sunday Morning Stretch W/Friends AR 10:30 Virtual Church AM Service AR 11:00 Reminiscing: Sunday Family Time CH 2:00 Bible Study Time AR 3:30 Sunday Social Hour W/Entertainment by Keith TR 6:00 Sunday Night @ the Movies	AR 10:30 Power in the Chair Exercise AR 11:00 This Day in History & Hydration TR 2:00 Movie Time W/Cynthia AR 2:30 Crafts Crew AR 3:30 What Are You Grateful For ? AR 6:00 Table Games Night	AR 10:30 Chair Exercise W/Legacy Therapy Group AR 11:00 This Day in History & Hydration AR 2:00 Bingo Time AR 3:30 Thanksgiving Pictionary Social TR 6:00 Movie Matinee	AR 10:30 Walk it Out Wednesday AR 11:00 This Day in History & Hydration OT 11:30 Lunch Bunch ( Olive Garden ) AR 2:30 Puzzle & Games W/Friends AR 3:30 Health Talk W/Joy TR 6:00 Night at The Movies	SH 10:00 AM Shopping: Tom Thumb CH 10:00 Weekly Catholic Service AR 10:30 Chair Exercise AR 11:00 This Day in History & Hydration AR 2:00 Bingo Time AR 3:30 Speaker Series : Nancy Davenport TR 6:00 Movie Night on TCM Channel	AR 10:30 Fab N Fit Friday W Tina AR 11:00 This Day in History & Hydration AR 2:30 Painting Thanksgiving Crafts AR 3:30 Thanksgiving Trivia Social AR 6:00 Friday Night at the Movie	AR 10:30 Sit & Be Fit Exercise AR 11:00 The Day in History & Hydration AR 1:30 Bingo Time AR 3:00 Saturday Social Hour W/Ruby AR 6:00 Saturday Evening Movie Time
10	11 Veterans Day	12	13	14	15	16
AR 10:00 Sunday Morning Stretch W/Friends AR 10:30 Virtual Church AM Service AR 11:00 Reminiscing: Sunday Family Time CH 2:00 Church Service W/Ngoni AR 3:30 Sunday Social Hour W/Gregory Slavin TR 6:00 Sunday Night @ the Movies	AR 10:30 Power in the Chair Exercise AR 11:00 This Day in History & Hydration AR 2:30 Crafts Crew AR 3:30 Veteran's Day Social Hour W Jim Cooper AR 6:00 Table Games Night	AR 10:30 Chair Exercise W / Legacy Therapy Group AR 11:00 This Day in History & Hydration AR 2:00 Bingo Time AR 3:30 Colorful Turkey Contest Social TR 6:00 Movie Matinee	AR 10:30 Walk it Out Wednesday AR 11:00 Brain Fit W/Racheal Therapy Group AR 2:30 Puzzle & Games W/Friends AR 3:30 Residents Council W/Laura ED AR 3:30 Thanksgiving Word Scramble Social TR 6:00 Night at The Movies	SH 10:00 AM Shopping: Tom Thumb CH 10:00 Weekly Catholic Service AR 10:30 Chair Exercise AR 11:00 This Day in History & Hydration AR 2:00 Bingo Time AR 3:30 Speaker Series: Nancy Davenport TR 6:00 Movie Night on TCM Channel	AR 10:30 Fab N Fit Friday W Tina AR 11:00 This Day in History & Hydration AR 2:30 Painting With a Twist AR 3:30 Happy Hour Thanksgiving Cocktails AR 6:00 Friday Night @ the Movies	AR 10:30 Sit & Be Fit Exercise AR 11:00 The Daily Chronicle & Hydration AR 2:00 Bingo Time AR 3:30 Saturday Social Hour W/Paul Anderson AR 6:00 Saturday Evening Movies
17	18	19	20	21	22	23
AR 10:00 Sunday Morning Stretch W/Friends AR 10:30 Virtual Church AM Service AR 11:00 Reminiscing: Sunday Family Time CH 2:00 Bible Study Time AR 3:30 Sunday Social Hour W/Dudley Lacey TR 6:00 Sunday Night @ the Movies	AR 10:30 Power in the Chair Exercise AR 11:00 This Day in History & Hydration AR 2:30 Crafts Crew AR 3:30 Apple Cider Tasting AR 6:00 Table Games Night	AR 10:30 Chair Exercise W/Legacy Therapy Group AR 11:00 This Day in History & Hydration OT 11:30 Lunch and Tour of the Flight Museum AR 2:30 Puzzle & Games W/Friends AR 3:30 Chef's Table W/Alicia TR 6:00 Night at The Movies	AR 10:30 Walk it Out Wednesday AR 11:00 This Day in History & Hydration OT 11:30 Lunch and Tour of the Flight Museum AR 2:30 Puzzle & Games W/Friends AR 3:30 Chef's Table W/Alicia TR 6:00 Night at The Movies	SH 10:00 AM Shopping: Tom Thumb CH 10:00 Weekly Catholic Service AR 10:30 Chair Exercise AR 11:00 This Day in History & Hydration AR 2:00 Bingo Time AR 3:30 Baking Club : Thanksgiving Cookies TR 6:00 Movie Night on TCM Channel	AR 10:30 Fab N Fit Friday W Tina AR 11:00 This Day in History & Hydration AR 2:30 Painting With Twist AR 3:30 Happy Hour Thanksgiving Cocktails AR 6:00 Friday Night @ the Movies	AR 10:30 Sit & Be Fit Exercise AR 11:00 The Daily Chronicle & Hydration AR 2:00 Bingo Time AR 3:30 Thanksgiving Social Hour W/ Don Weltz AR 6:00 Saturday Evening @ The Movies
24	25	26	27	28 Thanksgiving	29	30
AR 10:00 Sunday Morning Stretch W/Friends AR 10:30 Virtual Church AM Service AR 11:00 Reminiscing: Sunday Family Time CH 2:00 Bible Study Time AR 3:30 Sunday Social Hour W/Mark Dunn TR 6:00 Sunday Night @ the Movies	AR 10:30 Power in the Chair Exercise AR 11:00 This Day in History & Hydration AR 2:30 Crafts Crew AR 3:30 Monthly Birthday Party W/David Callahan AR 6:00 Table Games Night	AR 10:30 Chair Exercise W/Legacy Group AR 11:00 This Day in History & Hydration AR 11:00 Vendor's Corner W/Ritu's Jewelry AR 2:00 Bingo Time AR 3:30 Thanksgiving Gratitude Game Social TR 6:00 Movie Matinee	AR 10:30 Walk it Out Wednesday AR 11:00 This Day in History & Hydration OT 11:30 Outing : Lunch Bunch @ Babe's Chicken AR 2:30 Puzzle & Games W/Friends AR 3:30 Maintenance Corner W/Herb TR 6:00 Night at The Movies	AR 9:30 Turkey Bowl AR 11:00 Macy's Thanksgiving Parade (TV) AR 2:00 HAPPY THANKSGIVING AR 3:30 Easy Listening TR 6:00 Movie Night on TCM Channel	AR 10:30 Fab N Fit Friday W Tina AR 11:00 This Day in History & Hydration AR 2:30 Painting With a Twist AR 3:30 Its Hot Cocoa Time AR 6:00 Friday Night @ The Movies	AR 10:30 Sit & Be Fit Exercise AR 11:00 Current Events @ Hydration AR 2:00 Bingo Time AR 3:30 National Cake Social AR 6:00 Saturday Evening Movie

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# NOVEMBER 2024

						
<p>Daylight Saving Time Ends <b>3</b>                  10:00am Sunday Morning Stroll (indoor or outdoor)                  10:30am Morning Devotional                  11:00am Scripture &amp; Song: Giving Thanks                  2:00pm Bible Study W/Friends                  3:30pm All House Social                  6:00pm TV Classics</p>	<p>10:30am Parachute Ping Pong <b>4</b>                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Safe Driver or Speed Demon?                  2:30pm Music Appreciation: YouTube                  3:30pm November Birthday Quiz                  6:00pm Monday Movies</p>	<p>Election Day <b>5</b>                  10:30am Jazz Exercise                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: First Election                  2:30pm Bingo                  3:00pm What She Really a Redhead?                  3:30pm What Is It?                  6:00pm PM Sing Along</p>	<p>10:30am General Body Workout <b>6</b>                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Playing an Instrument                  2:30pm Table Talk: Politics Then &amp; Now                  3:00pm Vocal Warm Up                  3:30pm Fall Fiesta                  6:00pm Puzzle Time</p>	<p>10:30am Baseball Throw <b>7</b>                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: Multiple Terms of Office                  2:30pm Star of the Month: Burgess Meredith                  3:30pm Outing: Scenic Drive(white rock lake)                  4:00pm Desert before Dinner</p>	<p>10:30am The Tennessee Waltz <b>8</b>                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: What Does It Smell Like?                  2:30pm Painting: Thankful Tree                  3:30pm Math Is Fun Social Hour                  6:00pm Movie Matinee</p>	<p>Day of the Dead <b>1</b>                  10:30am Ball Bounce                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Cleaning With Vinegar                  2:30pm Painting: Sugar Skulls                  3:30pm Day of the Dead Snacks                  6:00pm Movie Matinee</p>
<p>Forget Me Not Day <b>10</b>                  10:00am Sunday Morning Stroll (indoor or outdoor)                  10:30am Morning Devotional                  11:00am Scripture &amp; Song: Giving Thanks                  2:00pm Church Service                  3:30pm 1AR: Sunday Social Hour W/Gregory Slavin                  6:00pm TV Classics</p>	<p>Veterans Day <b>11</b>                  10:30am Parachute Ping Pong                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Story Circle                  2:30pm Fun Facts/Trivia: Turkey Day Trivia                  3:30pm Hug a Veteran Social Hour                  6:00pm Monday Movies</p>	<p>Chicken Soup for the Soul Day <b>12</b>                  10:30am Relaxation Stretches                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: Getting Sick                  2:30pm Music Therapy W/Tiffany                  3:30pm Inspiring Stories                  6:00pm PM Sing Along</p>	<p>World Kindness Day <b>13</b>                  10:30am Acorn Toss                  11:00am Daily Chronicle &amp; Coffee /Juice                  11:30am REM: First Time in the Big City                  2:30pm Table Talk: Old Hollywood Romance                  3:30pm Name That NYC Landmark                  6:00pm Puzzle Time</p>	<p>Loosen Up, Lighten Up Day <b>14</b>                  10:30am Beach Ball Kick                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: Christmas Memories                  2:30pm Bingo                  3:00pm Making Faces                  3:30pm Sugar-Free Dessert Social Hour                  6:00pm Movie Night</p>	<p>10:30am Ball Bounce <b>15</b>                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Raisin Bran Cereal                  2:30pm Paper Bag Paintings                  3:30pm Front Porch Chit Chat W/Lemonade                  6:00pm Movie Matinee</p>	<p>All Souls Day <b>2</b>                  10:30am Seated Core Strengthen Exercise                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: The Story of the Spruce Goose                  2:30pm Name That Actor                  3:00pm Nail Care                  3:30pm All House Social                  6:00pm Movie Night</p>
<p>National Unfriend Day <b>17</b>                  10:00am Sunday Morning Stroll (indoor or outdoor)                  10:30am Morning Devotional                  11:00am Scripture &amp; Song: Giving Thanks                  2:00pm Bible Study W/Friends                  3:30pm All House Social                  6:00pm TV Classics</p>	<p>Apple Cider Day <b>18</b>                  10:30am Sit &amp; Be Fit                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Do You Remember These Characters?                  2:30pm Shows of the 1950s Trivia                  3:30pm Tell Me a Story                  6:00pm Monday Movies</p>	<p>10:30am Beach Ball Kick <b>19</b>                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: Remember These Games?                  2:30pm Turkey Bingo                  3:00pm Thanksgiving Traditions                  3:30pm Sugar-Free Dessert Social Hour                  6:00pm PM Sing Along</p>	<p>10:30am Pin Ball Knock Out <b>20</b>                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Famous Musical Songs                  2:30pm Crats: Thanksgiving Cards                  3:30pm Honey Tasting Social Hour                  6:00pm Puzzle Time</p>	<p>National Stuffing Day <b>21</b>                  10:00am Weekly Catholic Service                  10:30am Stuff Turkey Tossing                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: These T.V. Sets?                  3:30pm Outing: Ice Cream @ Brawns</p>	<p>National Cranberry Relish Day <b>22</b>                  10:30am Outdoor Walk (Court yard)                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Where Were You?                  2:30pm The Story of Abigail Adams                  3:30pm Parachute Fun</p>	<p>National Espresso Day <b>23</b>                  10:30am Cross-Facility Walk                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: Quiz Shows of the 1950s                  2:30pm Aromatherapy Break                  3:00pm Nail Care                  6:00pm Movie Night</p>
<p>Evolution Day <b>24</b>                  10:00am Sunday Morning Stroll (indoor or outdoor)                  10:30am Morning Devotional                  11:00am Scripture &amp; Song: Giving Thanks                  2:00pm Bible Study W/Friends                  3:30pm All House Social                  6:00pm TV Classics</p>	<p>National Parfait Day <b>25</b>                  10:30am Sit &amp; Be Fit                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Shopping for the Holidays                  2:30pm This or That Questions                  3:30pm Parfait Bar Social Hour                  6:00pm Monday Movies</p>	<p>National Cake Day <b>26</b>                  10:30am Dancing to 50s Music Exercise                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: What Movie Comes to Mind?                  2:30pm Bingo Time                  3:30pm Thankful Memories W/Friends                  6:00pm PM Sing Along</p>	<p>Jukebox Day <b>27</b>                  10:30am Dancing to Jukebox Exercise                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Thanksgiving Eve Memories                  2:30pm Crafts: Leaf Turkeys                  3:30pm Pie Tasting Social Hour                  6:00pm Puzzle Time</p>	<p>Thanksgiving Day <b>28</b>                  10:30am Turkey Bowling                  11:00am This Day in History &amp; Apple Cider                  11:30am Macy's Thanksgiving Parade (T.V)                  12:00 Thanksgiving Brunch W/Family                  3:30pm Thanksgiving Day Matinee                  6:00pm Movie Night</p>	<p>Black Friday <b>29</b>                  10:30am Seated Square Dance                  11:00am Daily Chronicle &amp; Coffee/Juice                  11:30am REM: Shopping Deals                  2:30pm Coupon Clipping                  3:30pm What's in My Yogurt?                  6:00pm Movie Matinee</p>	<p>National Mason Jar Day <b>30</b>                  10:30am Mason Jar Ring Toss                  11:00am This Day in History &amp; Apple Cider                  11:30am REM: Vintage Cookbooks                  2:30pm Nail Care &amp; Hand Massage                  3:30pm Social Hour                  6:00pm Movie Night</p>